

April 2011

RNS Newsletter

Our Mission

RNS is a membership organization for medical care coordination that provides continuing education and networking.

The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner

Upcoming meetings

- March 24th
- April 28th
- May 26th
- June – no meeting
- July 28th
- August 25th

Contents

- March program information 1
- President's Message 2
- Announcements 3
- Program registration form 3

April 28, 2011 Program

Comprehensive Intradisciplinary Pain Management Programs for Chronic Pain: Same old Story? Or Anything New?

Presented by Dr. Hassan Moinzadeh, MD; Dr. S.C. "Bo" Pearson, PhD; John Hawes, MA MFCC

Our panelists will present a comprehensive look at currently accepted evidence-based guidelines that address intradisciplinary pain programs, commonly called "Functional Restoration Programs".

These guidelines include ACOEM Practice Guidelines, Medical Treatment Utilization Schedule (MTUS) and the Work Loss Data Institutes

Dr. Moinzadeh, Dr. Pearson & John Hawes will address whether there is anything new in the empirical literature.

and will discuss issues in implementing new treatment approaches that include opportunities for and barriers to establishing new programs.

Where can we find programs and what sets the good ones apart? These and another questions will be answered during this program.

Dr. Hassan Moinzadeh is a board certified PM&R. He is the Medical Director for RPM Pain Management; Dr. Bo Pearson is a Psychologist and the Director of Rehabilitation for RPM. John Hawes, MFCC, is the President & CEO of RPM.

Join us on April 28 as we welcome RPM Pain Management Program

Date: April 28, 2011

Registration: 11:30 am – 12:00 pm

Lunch: 12:00 pm - 1:00 pm

Presentation: 1:00 pm - 3:00 pm

Location:

Quiet Cannon
900 Via San Clemente
Montebello, CA
323 724-9284

Registration form
See page 3

Cost

Members - \$25.00

Non-members \$35.00

CEU's: approved for 2 hours

BRN provider # 01219

CCM - 2 CEU's

Presidents Message

By Barbara Greenfield, RN BSN, CCM, CNLCP

Dear RNS Members and Friends;

On Saturday April 2, 2011 I attended the Conference on Adaptive Technology, organized by The Claremont Unified School District.

The sponsors for the event included the California Association for Physical and Health Impairments (CAPI); the Board of Education for the Claremont Unified School District; Terry Nichols, Superintendent of the Claremont Unified School District; Dr. Maria Klawe - President, Harvey Mudd College; Dr. Lori Bassman, Professor, Harvey Mudd College; and the Danbury (Special Education) School Staff, Claremont USD.

The conference was attended primarily by Speech Professionals, Educators, and Occupational Therapists. While it's likely that I was the only nurse case manager among the professionals at the conference I found the experience to be most illuminating and found much of what was presented to be germane to the work we do as nurse case managers and rehab professionals.

Providing guidance and assistance to our clients with the aim of improving the quality of their lives by gaining maximum functional independence is what we are dedicated to achieving.

In Claremont I learned that the realm of assistive technology has grown exponentially and can be used to help our clients move toward that goal. For example, there are now "white sticks" which use laser technology and GPS. I also explored devices which can be taken into the community for communication impaired individuals to provide verbal assistance.

Although the conference focused primarily on the needs of the school age population, adults and seniors were not overlooked and they too can easily take advantage of much of the equipment displayed to access the outside world.

There is computer technology presently available to provide curriculum access, communication, physical adaptations as well as safety and comfort measures. Teachers have access to numerous software applications such as Click and Inspiration and students can utilize multiple switch applications to access programs and the use of touch screen technology is rapidly becoming the norm. Switches come in all varieties and can sync with IPAD technology as well as standard PCs.

Unfortunately, the cost of these products is often prohibitive. However some of the software applications can be accessed on-line for a yearly subscription fee. In addition, as this equipment becomes more widely used in the non-disabled community, access will increase for the disabled population. For example, the software Dragon, for speech access to computer technology, is now available for \$100 - \$200.

The rehab community converges once a year to display much of the assistive technology available at The Expo.

I would encourage all of you to attend the Abilities Expo coming up April 15 – 17. The Los Angeles Expo, held at the Los Angeles Convention Center, will have many free workshops on subjects such as computer technology, healthcare access, exercise, multidisciplinary treatment approach, and special needs trust information.

All the Best

Barbara

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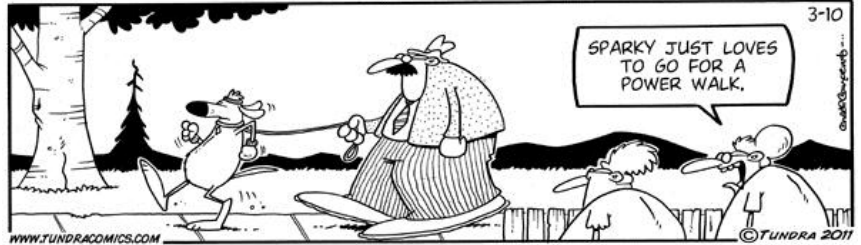
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Educational Opportunity

Wednesday, April 13, 2011 from 6 to 8 pm

Understanding & Treating Headaches will be presented by Dr. Ernestina Saxton, the Program Medical Director of Casa Colina's Headache Center.

She will provide information on why headaches are the most common medical problem today, treatment options for various types of headaches and how other health conditions impact migraines.

Call (866) 724-4132 to reserve your seats

www.cassacolina.org

Please RSVP by e-mail, phone or mail by **April 22, 2011.**

E-mail: administrator@cchomenurses.com

Call Kellie Kerr or Maryanne Sawoski.

Office: (818) 753-5106 cell (818) 730-8490

April 28th meeting registration.

Detach and mail to....
(Please include your check)

Maryanne Sawoski, c/o RNS
Continuity Care Home Nurses
12722 Riverside Drive, Suite #108
North Hollywood, CA 91607
Attention: Kellie Kerr

Number of members _____ at \$25.00

Number of non-members: _____ at \$35.00

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Remember, if you register, you are still responsible for paying for the meal, even if you don't attend.

Mark your calendar to attend
the April 28th meeting

and don't forget to
RSVP by March 18th !

To e-mail your reservation,
send an e-mail to:

administrator@cchomenurses.com

To RSVP by phone,
call Kellie Kerr or Maryanne Sawoski
(818) 753-5106

You can mail your registration to:

Maryanne Sawoski, c/o RNS
Continuity Care Home Nurses
12722 Riverside Drive, Suite #108

We're on the Web!
see us at
www.rns-ca.org

Educational Opportunity

April 27 from 6:30 to 8 pm

Homework Success Seminar hosted by Casa Colina. This is geared to give information on different strategies to deal with the challenges that are present in children with attention deficit disorder, dyslexia or other types of learning deficits.

Call (866) 724-4132 to reserve your seats

www.cassacolina.org

RNS

c/o Karen York
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