

March 2011

RNS Newsletter

Our Mission

RNS is a membership organization for medical care coordination that provides continuing education and networking.

The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner

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March 24, 2011 Program

Medicare update 2011

Presented by Arlene Okamoto

Arlene is the Coordinator of Senior Services/50+ Health Connection Office at Methodist Hospital in Arcadia. Senior Services offers free insurance counseling that includes information on Medicare/Supplemental and HMO information to persons age 50 and older.

Arlene was appointed by the 5th district to the Los Angeles County Commission on Aging 2010 – 2014 and is the past chairperson of the Arcadia Commission on aging.

Applauded by colleagues, seniors and members of the community, Arlene will present a program that helps to explain the complexities of the Medicare system.

She Arlene will provide details as to how the new healthcare reform will impact the Medicare patient.

Join us on March 24 as we welcome Arlene to RNS for a program that impacts or will impact us all.

Arlene will provide a learning experience regarding the basics of Medicare as well as the changes that will occur due to the Healthcare Reform , based on the "Affordable Care Act" of 2010.

**Registration form
See page 3**

Date: March 24, 2011

Registration : 11:30 am – 12:00 pm

Lunch: 12:00 pm - 1:00 pm

Presentation: 1:00 pm - 3:00 pm

Cost

Members - \$25.00

Non-members \$35.00

CEU's: approved for 2 hours

BRN provider # 01219

CCM - 2 CEU's

Location:

Quiet Cannon
900 Via San Clemente
Montebello, CA
323 724-9284

Presidents Message

By Barbara Greenfield, RN BSN, CCM, CNLCP

Dear RNS members and friends;

I enjoy firsts. At the beginning of this year I had the privilege of taking my first trip to our nation's capitol. I spent several days wandering the Smithsonian. I adored The National Museum of the American Indian and The Museum of American History. I enjoyed learning about diverse cultures in the U.S. I learned in High School History about the "colored" troops which were made up of emancipated slaves. In Washington DC, I learned about the first African American Nurse

Susie King Taylor was born a slave in 1848 and lived in Georgia. She was raised by her grandmother, a free woman, and learned to read and write. This was rare for girls, even rarer for slaves. She served with the Union Army as a teacher for the freed slave's children. She married Sgt. Edward King, a volunteer in an African American regiment and Mrs. King served as a nurse in her husband's unit. During Reconstruction she worked with Clara Barton, Founder of the American Red Cross. In 1902, Ms. Taylor wrote a book about her life, *"Reminiscences of My Life in Camp with the 33rd United States Colored Troops, Late 1st South Carolina Volunteers."*

Susie King started a private school for black children; however, when her husband Sgt. King died suddenly she returned to work as a domestic servant. She later married Mr. Russell Taylor and dedicated her life to the Woman's Relief Corps, a national organization for woman veterans of the Civil War. Susie King Taylor's picture hangs in the Smithsonian as one of the first African American Nurses

Please share some of your "firsts" with us. E-mail Karen York our Corresponding Secretary and with your permission we will share them with the other members, next month.



**Susie King Taylor
Smithsonian Institution**

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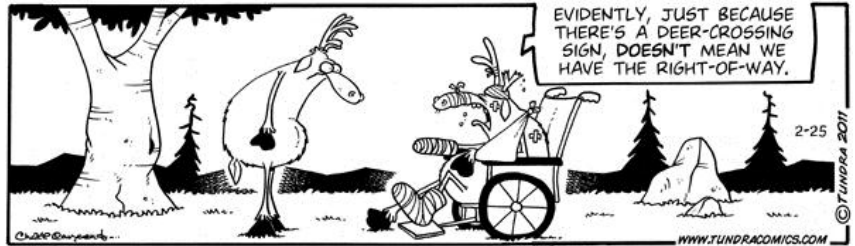
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LIFE BEFORE THE COMPUTER

Memory was something that you lost with age

- Am application was for employment
- A program was a TV show
- A cursor used profanity
- A keyboard was a piano
- A web was a spider's home
- A virus was the flu
- CD was a bank account

Please RSVP by e-mail, phone or mail by **March 18, 2011.**

E-mail: administrator@cchomenurses.com

Call Kellie Kerr or Maryanne Sawoski.

Office: (818) 753-5106 cell (818) 730-8490

March 24th meeting registration.

Detach and mail to....
(Please include your check)

Maryanne Sawoski, c/o RNS
Continuity Care Home Nurses
12722 Riverside Drive, Suite #108
North Hollywood, CA 91607
Attention: Kellie Kerr

Number of members _____ at \$25.00

Number of non-members: _____ at \$35.00

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Remember, if you register, you are still responsible for paying for the meal, even if you don't attend.

Mark your calendar to attend
the March 24th meeting

and don't forget to
RSVP by March 18th !

To e-mail your reservation,
send an e-mail to:

administrator@cchomenurses.com

To RSVP by phone,
call Kellie Kerr or Maryanne Sawoski
(818) 753-5106

You can mail your registration to:

Maryanne Sawoski, c/o RNS
Continuity Care Home Nurses
12722 Riverside Drive, Suite #108

We're on the Web!
see us at
www.rns-ca.org

**Do you have an address change?
Do you want your newsletter by e-mail?
If so, send an e-mail to Karen York.**

Let us know if you know anybody who would be interested in becoming part of a dynamic professional organization committed to the education and networking needs of its members.

Karen will e-mail a copy of the newsletter to them.

RNS
c/o Karen York
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