

# RNS Newsletter

November 2009

Mission Statement: The Rehabilitation Nurses Society is a membership organization that provides continuing education and networking for medical care coordination. The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner.

Come join friends and colleagues for a time of lunch and learning!

**October's Educational topic .....**

## **Ethical Practices in Rehabilitation**

*Presented by Kathy Bermejo, MA, CCC-SLP, CCM, CBIST*

Still need an ethics class?

Kathy's presentation is another interesting discussion about ethics and applying them in a rehabilitation setting.

<b>LOCATION:</b> Quiet Cannon 900 Via San Clemente Montebello, CA 323-724-9284	<b>Date:</b> October 22, 2009	<b>Registration:</b> 11:30 – 12:00 pm <b>Lunch:</b> 12:00 – 1:00 pm <b>Presentation:</b> 1:00 pm – 3:00 pm	<b>Cost:</b> members - \$25.00 non-member - \$35.00 <b>CEU's:</b> approved for 2 hours <b>BRN provider #01219</b> <b>CCM/CRC/CDMS - 2 CEU's</b>
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*If you register, you are responsible for paying for the meal, even if you don't attend.*

Please RSVP by e-mail, phone or mail by **October 16, 2009.**

E-mail: [administrator@cchomenurses.com](mailto:administrator@cchomenurses.com) Call Kellie Kerr or Maryanne Sawoski. Office: (818) 753-5106 cell (818) 730-8490

### **August 27, 2009 RNS Meeting**

Detach and mail to...  
( Please include your check)

Maryanne Sawoski, c/o RNS  
Continuity Care Home Nurses  
12722 Riverside Drive, Suite #108  
North Hollywood, CA 91607  
Attention: Kellie Kerr

Number of members \_\_\_\_\_ at \$25.00

Number of non-members: \_\_\_\_\_ at \$35.00

Name: \_\_\_\_\_

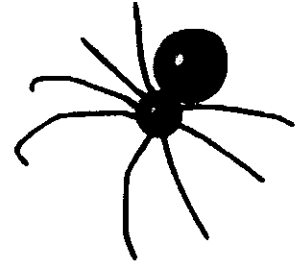
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# President's Message

*By Renae Paulson, RN*



Dear RNS Members and Friends,

October is **Breast Cancer Awareness Month**. Breast cancer affects both men and women, but it is significantly higher in women.

Awareness, especially of the importance of early detection, is the first step in the fight against breast cancer.

**National Case Management Week** is October 11th through October 17th.

**Fire Prevention Week** is October 4th through October 10th. Learning about fire safety and how to protect ourselves in case of a fire is the focus of this week.

**Red Ribbon Week** is from October 23rd through October 31st. During Red Ribbon Week, tens of thousands of schools and organizations across the United States focus on educating young people about the dangers of drugs and alcohol.

I am sure that this list could go on, but what seems to be the general theme is that awareness comes before prevention; education is the primary means to provide the information that brings about awareness. This is followed by the hope that behaviors will change and prevent illness and tragedy.

What I love about RNS is that I get exposure to other professionals working in areas where I have limited knowledge. Because of this, I can learn about preventative behaviors and the treatment for specific conditions outside of my specialty area.

WOW! I can get all this in the matter of a few hours per month. Better yet, you can too!

We will begin our **MEMBERSHIP DRIVE** for 2010 in December. Meanwhile, if you want to introduce someone to the RNS experience, give your copy of the newsletter to that person and invite him or her to the meeting. When they bring in the newsletter, the meeting will be "free". (Remind them to call in their reservation before the meeting so we can plan the lunch numbers accordingly).

Consider sending e-mail addresses of your friends and colleagues to Karen York and she send them the RNS newsletter via e-mail. Karen's e-mail address: [karen.york@libertymutual.com](mailto:karen.york@libertymutual.com).

I would like to thank dr. Long and Kathleen Frederick, MPT from providence Little Co. of Mary Medical Center in San Pedro for their informative talk on Stroke Management.

You can go to our web-site to look up their information. [www.rns-ca.org](http://www.rns-ca.org)

Again, I want to thank our friends who continue to so generously give the prizes for the raffle drawing each month. This month we enjoyed gifts from Celeste Racicot, Brain Injury Specialist, CNS, Barbara Tucker, Competent Care, Integrated HealthCare, CCHN, and Adam Fine.

Stay well and I hope to see you at the RNS meeting on **October 22**, to learn from and with each other.



2009 Board of Directors

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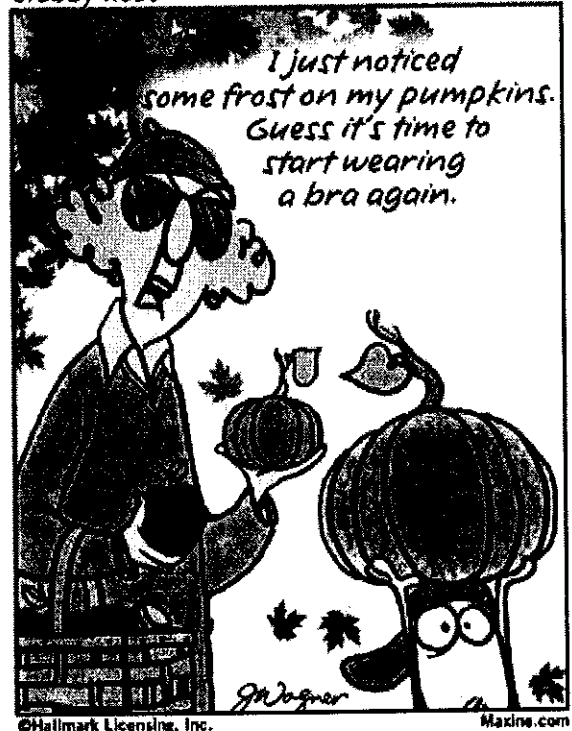
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**WE ARE DARK IN NOVEMBER!**

Mark your calendars to attend the  
December 10<sup>th</sup> Holiday Party  
at the Quiet Cannon.

Crabby Road

10-2-08



CHECK US OUT ...WE'RE ON THE WEB!

[www.rns-ca.org](http://www.rns-ca.org)

**Mark your calendar to attend  
the October 22 meeting ....  
and don't forget to  
RSVP by October 16**

**To e-mail your reservation,  
send an e-mail to:  
administrator@cchomenurses.com**

**To RSVP by phone, call Kellie Kerr or  
Maryanne Sawoski at (818) 753-5106.**

**You can mail your registration to:**

**Maryanne Sawoski, c/o RNS  
Continuity Care Home Nurses  
12722 Riverside Drive, Suite #108  
North Hollywood, CA 91607**

Nurses don't wait until October to  
celebrate Make a Difference Day -  
they make a difference everyday!

~~ Author Unknown ~~

**RNS**

c/o Karen York  
5429 Tyler Ave.  
Temple City, CA 91780

Do you want your newsletter by e-mail?

Do you have a job announcement or ad?

How about an address change?

If so, send an e-mail to Karen York

Do you know anybody who would be  
interested in becoming part of a  
professional organization committee to  
the education and networking needs of  
its members?

If so, send their e-mail address to  
Karen York and Karen will e-mail a copy  
of the newsletter to them.

[karen.york@libertymutual.com](mailto:karen.york@libertymutual.com)