

RNS Newsletter

March 2009

Mission Statement: The Rehabilitation Nurses Society is a membership organization that provides continuing education and networking for medical care coordination. The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner.

Come join friends and colleagues for a time of lunch and learning!



March's Educational topic

Changes in Vocational Rehabilitation

Presented by Stephen Johnson

Claims and Rehab Training Representative



Stephen has worked for State Compensation Insurance Fund for 17 years as a Return to Work Consultant, Vocational Rehabilitation Counselor, Claims Adjuster and Claims Investigator.

He has been a member of the Claims/Rehab Training Unit since January 2005 and is based in Monterey Park, California.

RNS welcomes Stephen as he presents the March 2009 topic: Changes in Vocational Rehabilitation

LOCATION: Quiet Cannon	Date: March 26, 2009	Cost: members - \$25.00
900 Via San Clemente	Registration: 11:30 – 12:00 pm	non-member - \$35.00
Montebello, CA	Lunch: 12:00 – 1:00 pm	CEU's: approved for 2 hours
323-724-9284	Presentation: 1:00 pm – 3:00 pm	BRN provider #01219
		CCM/CRC/CDMS - 2 CEU's

If you register, you are responsible for paying for the meal, even if you don't attend.

Please RSVP by phone or mail by **March 20, 2009**.
Call Kellie Kerr or Maryanne Sawoski. Office (818) 753-5106 Cell (818) 730-8490

March 26, 2009 RNS Meeting

Detach and mail to....
(Please include your check)

Maryanne Sawoski, c/o RNS
Continuity Care Home Nurses
12722 Riverside Drive, Suite #108
North Hollywood, CA 91607
Attention: Kellie Kerr

Number of members _____ at \$25.00

Number of non-members: _____ at \$35.00

Name: _____

Address: _____

City: _____

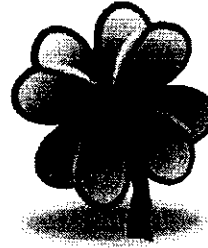
State: _____ ZIP: _____

President's Message

March 4, 2009

Dear RNS Members and Friends,

Happy St. Patrick's Day!



What makes a saint?

I used to think you had to be Irish to be a saint because it seemed that everything about St. Patrick's Day speaks of little fairies called leprechauns, preparing green food for potlucks, people wearing pins that say 'Kiss me I'm Irish', and eating corned beef and cabbage with potatoes.

But I have since learned that being a saint is not necessarily related to being Irish, or Catholic, male or female. It is in fact, a way of living your life that qualifies one to achieve sainthood.

Today I learned that one of RNS' long time members has died. Virginia Alford was a great example of a nurse that lived a life of servant hood. She exemplifies the ideal of a Saint as she was generous with her gifts and cared for others beyond what would normally be expected. She loved good humor and shared good times with her friends and family. She will be missed and remembered for her pioneering spirit in the WC industry of Rehab Nursing.

As you celebrate St Patrick's Day, I hope you will remember those that have paved the way for you today. I wish that you find and celebrate those deserving of your recognition for their contributions to your well being.

I would like to thank Dr. Hedge, our February speaker, for his dynamic presentation that drew a crowd of many old and new friends to the meeting. It is a joy to have the opportunity to work with Dr. Hedge over the past years as he has continued to serve the patients, and the rehab nurse, with the most wonderful and nurturing care.

"Thank you" to the vendors for their continuing generosity. We truly enjoy the raffle event that they so graciously provide for us each month.

Stay well and I hope to see you at the RNS meeting on March 26, 2009.

Rena Paulson, RN
RNS President

2009 Board of Directors

Renae Paulson
President

(818) 240-1234, ex. 2601
renae.paulson@libertymutual.com

Rita Pathmanaban
Vice President

(714) 336-3212
ritapath@cox.net

Karen York

Corresponding Secretary/ (newsletter and
web-site)

(818) 240-1234, ext. 2043
karen.york@libertymutual.com

Maryanne Sawoski
Treasurer

(818) 753-5106
Cell (818) 730-8490
administrator@cchomenurses.com

Nancy Person

Recording Secretary
(818) 240-1234, ext. 2669
nancy.person@libertymutual.com

Diana Campos-Toretzky

Member at Large (membership)
(818) 894-7879
dtoretzky@assistedca.com

Visit our RNS website to download our monthly
newsletter, learn about each month's
topic/speaker and find out how to become an
RNS member.

RNS Web-Site
www.rns-news.org

- Do you want your newsletter via e-mail?
 - Change of address?
 - Suggestions for the newsletter?
 - Do you have a classified add?
- E-mail RNS secretary Karen York
karen.york@libertymutual.com

An Irish Friendship Wish

May there always be work for your hands to do;
May your purse always hold a coin or two;
May the sun always shine on your windowpane;
May a rainbow be certain to follow each rain;
May the hand of a friend always be near you;
May God fill your heart with gladness to cheer.

In Memoriam

Virginia C. Alford

RNS was recently notified that long-time
member Virginia C. Alford passed away.

Virginia's son Eric writes:

I am sending this email out to most of those of
you whom I believe knew my mother.

She passed away early Saturday morning,
February 28th.

She had been enduring the end stages of COPD
over the past few months and finally made the
decision not to fight it any longer.

After two weeks of hospitalization at Hoag
Hospital in Newport Beach, she came home for
hospice.

I know she was thankful to have been able to
see some friends during her stay in the
hospital. Finally being home made her even
more comfortable. She passed in her sleep,
with no pain, content and in peace.

I am working on final arrangements and may
not be able to answer all of your emails and/or
phone calls.

You can reach me via my email:
etaksa@earthlink.net

Her service will be at Riverside National
Cemetery. The date and time are to be
determined.

There are some people who move through life
without much influence on others. Not
affecting ones memory.

My mother was quite the opposite. She will be
missed by many.

Please cherish the memories you have of your
experiences with her. We all loved her very
much.

Thanks again.

Sincerely,
Eric T. Alford

You should receive the newsletter by the 10th of every month.

If you know of a member who is not receiving the newsletter,
please contact Karen York to have a copy faxed or e-mailed.

Karen will ensure that RNS has the correct address and the mailing list will then be updated.

Do you have a job announcement for the newsletter?
An educational opportunity? Suggestions for the newsletter?

If so, please e-mail Karen at karen.york@libertymutual.com.

New Fingerprint Requirement for Registered Nurses licensed prior to August 1, 1990

**As a service to RNS members who need to be fingerprinted by the
Department of Justice, a mobile Live Scan provider will
be at the March 26, 2009 RNS meeting from 11 am to 2 pm.**

In addition to the \$51 DOJ processing fee, the mobile unit will charge \$25 for the print "rolling" fee.

The total cost is \$76; Credit Card, Cashier's Check, Money Order or cash will be accepted.

Don't forget to bring 3 copies of your BCII form (Request for Live Scan Service)
that was mailed to you by the BRN.

Because we anticipate that a large number of RNS members will take
advantage of this service, it is important to RSVP to Maryanne and Kellie.

RNS c/o Karen York

5429 Tyler Ave.

Temple City, CA 91780