

RNS Newsletter

April 2009

Mission Statement: The Rehabilitation Nurses Society is a membership organization that provides continuing education and networking for medical care coordination. The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner.

Come join friends and colleagues for a time of lunch and learning!

April's Educational topic

Spasticity Management

Presented by Dr. David Patterson

Dr. Patterson is a graduate of Creighton University Department of Medicine. He is also board certified in Rehabilitative Medicine. Dr. Patterson has been Program Director at Casa Colina Hospital for Rehabilitative Medicine for ten years, and Medical Director there for eight years. He is also Medical Director for the California Brain Injury Association.

RNS welcomes Dr. Patterson as he presents the April 2009 topic: *Spasticity Management*

LOCATION: Quiet Cannon	Date: April 23, 2009	Cost: members - \$25.00
900 Via San Clemente	Registration: 11:30 – 12:00 pm	non-member - \$35.00
Montebello, CA	Lunch: 12:00 – 1:00 pm	CEU's: approved for 2 hours
323-724-9284	Presentation: 1:00 pm – 3:00 pm	BRN provider #01219
		CCM/CRC/CDMS - 2 CEU's

If you register, you are responsible for paying for the meal, even if you don't attend.

Please RSVP by phone or mail by **April 17, 2009**.
Call Kellie Kerr or Maryanne Sawoski. Office (818) 753-5106 Cell (818) 730-8490

April 23, 2009 RNS Meeting

Detach and mail to....
(Please include your check)

Maryanne Sawoski, c/o RNS
Continuity Care Home Nurses
12722 Riverside Drive, Suite #108
North Hollywood, CA 91607
Attention: Kellie Kerr

Number of members _____ at \$25.00

Number of non-members: _____ at \$35.00

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

President's Message

April 1, 2009



Dear RNS Members and Friends,

It is April fool's Day as I begin to pen this greeting. For the life of me I cannot think of any tricky thing to do or say that would cause someone to pause. What is it that makes something funny? Often the content is funny to one person but not so funny to someone else. I guess it all comes down to timing and knowing your audience.

I certainly was impressed with the participation and sounds of laughter coming from the RNS audience last month. Knowing that we can meet and celebrate our individuality, share our professional experiences, and uphold one another is fulfilling to me.

They say that Attitude is everything and I believe that.

Information is processed through our brains then interpreted and understood by the influence of our experiences and attitudes. This is in part why on some days things are funny and some days they are not.

Nurses learn to put others before themselves, to care for those less fortunate, and to do what is right. We are patient advocates who dedicate our lives to promoting others' well-being. Maintaining a positive attitude during duress is admirable for sure, but to offer your time to the care of others is often downplayed by the nurse.

National Nurses Week is from May 6th through the 12th. This is an opportunity for us to celebrate being a nurse. If you aren't a nurse, this is your opportunity to thank a nurse that you know.

I would like to thank Mr. Stephen Johnson, the Claims/Rehab training manager for SCIF, for sharing his knowledge about the Vocational Rehabilitation benefits at the March meeting.

"Thank you" to the vendors for their continuing generosity. We truly enjoy the raffle event that they so graciously provide for us each month.

Stay well and I hope to see you at the RNS meeting on April 23, 2009.

Rena Paulson, RN
RNS President



2009 Board of Directors

Renae Paulson
President
(818) 240-1234, ex. 2601
renae.paulson@libertymutual.com

Rita Pathmanaban
Vice President
(714) 336-3212
ritapath@cox.net

Karen York
Corresponding Secretary/ (newsletter and
web-site)
(818) 240-1234, ext. 2043
karen.york@libertymutual.com

Maryanne Sawoski
Treasurer
(818) 753-5106
Cell (818) 730-8490
administrator@cchomenurses.com

Nancy Person
Recording Secretary
(818) 240-1234, ext. 2669
nancy.person@libertymutual.com

Diana Campos-Toretzky
Member at Large (membership)
(818) 894-7879
dtoretzky@assistedca.com

THANK YOU TO THE FOLLOWING VENDORS
WHO GENEROUSLY PROVIDED GIFTS
DURING OUR MARCH MEETING:

Maryanne Sawoski and Sharon Cason
Continuity Care Home Nurses
Gift basket and a gift bag (2 gifts!)

Barbara Tucker on behalf of Dr. David Heskiaoff
Gift bag

Dale Prince at Assured Home Care
See's Candy gift certificate

Center for Neuro Skills (CNS)
Calla lily

Basha Christ
Competent Care Home Nursing
Calla lily with gift basket

Sandra Bross
Bross and Associates at Integrated Healthcare
Gift box and M&M's gift container (2 gifts!!)

*Work as if it was your first day;
Forgive as soon as possible;
Love without boundaries;
Laugh without control;
And never stop smiling,
Even if you don't know the reason*



UNDER CONSTRUCTION

Our RNS web-site is under construction,
so the current newsletter is not posted.

Stay tuned!



You should receive the newsletter by the 10th of every month.

If you know of a member who is not receiving the newsletter,
please contact Karen York to have a copy faxed or e-mailed.

Karen will ensure that RNS has the correct address and the mailing list will then be updated.

Do you want your newsletter via e-mail?

Change of address?

Suggestions for the newsletter?

Do you have a classified add? A job announcement?

E-mail RNS corresponding secretary Karen York: karen.york@libertymutual.com

RNS c/o Karen York

5429 Tyler Ave.

Temple City, CA 91780